

LENT 2021

Reflect. Repent. Restore.



Ash Wednesday – February 17

Mass & Ash Distribution

8:00 am in St. William - CHURCH

12:10 pm and 5:00 pm in St. William - TENT

Sacrament of Reconciliation During Lent

St. William – front Parking Lot

- **Ash Wednesday, February 17** – Drive-up Reconciliation before each Mass:
7:30 – 8:00 am, 11:00 – 12:10, and 4:00 – 5:00 pm
- **Every Friday** – Drive-up Reconciliation before Stations of the Cross from 4:00 – 5:00 pm
- **Every Saturday** – Drive-up Reconciliation from 2:30 – 3:30 pm

Stations of the Cross

St. William – front Parking Lot

Friday, February 19 through Friday, March 26 - Beginning at 5:00pm

Please gather by the Courtyard Grass area; we'll then process around the Courtyard and Patio, and conclude inside the Church for a brief period of Adoration of the Blessed Sacrament.

Virtual Prayer Practices – Contact coordinator for Zoom link

- **Daily Rosary** – Each day at 3:00 pm – Led by Catherine Campbell (Catherine.raffa@dsj.org)
- **Contemplative Prayer** – Every Tuesday at 4:00-5:00 pm – Led by Carol Thornton (carol.thornton@dsj.org)
- **Stations of the Cross** – Friday February 26, March 5, 12, and 19 at 6:30 pm - Led by Fr. Anthony Uytingco (anthony.uytingco@dsj.org)

What should I do with old, blessed palms?

At Mass on Palm Sunday palm branches were set apart by a blessing from the priest and made into a “sacramental,” an object that is meant to draw us closer to the celebration of the seven sacraments. Most “sacramental” items, like palm branches for example, can be burned or buried in order to properly dispose of them. This type of disposal honors their sacred purpose and returns them to the earth in a dignified way.

What are the Lenten Regulations for Fasting and Abstinence?

- Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics.
- In addition, Fridays during Lent are obligatory days of abstinence.
- For members of the Roman Catholic Church, the norms on fasting are obligatory from age 18 until 59.
- When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.
- The norms concerning abstinence from meat are binding upon members of the Roman Catholic Church from age 14 onwards.
- According to the United States Conference of Catholic Bishops, "The Sundays of Lent are certainly part of the time of Lent, but they are not prescribed days of fast and abstinence."